

# The Faboulous Mo'Nique

The Rachael Ray Show

September 23, 2009

The hilarious Mo'Nique is already getting rave reviews for her poignant performance in the film *Precious*, but she tells Rachael that any Oscar® buzz would just be icing on the cake after the praise she got from the director. "When Lee Daniels said to me, 'You gave me what I needed ... and far more than I expected,' I won the Oscar that night," Mo'Nique shares. "I won the Image Award that night ... I won every award that night."



Mo'Nique also has a special message to one of the film's producers. "Oprah, thank you, baby" she says. "We don't have enough thank yous for what you've done. Not just for this movie, but what you've done for the universe, sister. Keep givin' it to us, because you are amazing!"

In addition to her role in the drama, Mo'Nique undertook another serious challenge recently - losing weight. After a frank discussion with her husband about her health, Mo'Nique decided to get in shape, and in the process found a surprising advantage of having a slimmer body. "People were like, 'What do you mean the sex got better?' Well, at 262 pounds, my husband could pick me up for three minutes. Now I'm 224 - you do the math, baby!"

In fact, *you* can go to bed with Mo'Nique starting October 5th when *The Mo'Nique Show* premieres on BET at 11pm/10c. "This show is a show of love," she tells Rachael. "When you go to bed at night, we want you to have sweet dreams. When you come to our house, baby, we party, we laugh, it's good time - take your shoes off and have your cocktail!"