

# EXCLUSIVE: ET BACKSTAGE WITH MO'NIQUE!

Fresh from her 'Precious' Best Supporting Actress Oscar win, **Mo'Nique** is taking her act on the road with her "Spread the Love" comedy tour -- and ET's own **Kevin Frazier** is exclusively behind the scenes with the star to reveal the stuff you don't get to see backstage and in her dressing room!



No matter how many times Mo'Nique has taken the stage, she always gets the jitters beforehand -- but the crowd of 2,500 in New Orleans is easy to please.

And since hubby **Sidney** is back home in Atlanta, Mo'Nique has another man in her life to keep her company: Oscar! "I was [going to bring it with me]," she says of her Best Supporting Actress statuette, "but Oscar's heavy, and I thought they would give me a hard time at the airport, so I left Oscar at home. But I'm going to bring him on some of the tour."

Mo'Nique is also doing her best to eat right and stay in shape for her tour -- and her future kin! "I'm juicing," she tells Kevin. "Let me tell you all this, I never thought I'd be a juicer, but at 42 years old, spinach, asparagus, carrots and an apple -- all natural... I'd be winded

sometimes -- it was just, 'You know what Mo'Nique? You gotta make the commitment to meet your great grandchildren.'"

Mo'Nique is working her comedy tour on weekends and taping "The Mo'Nique Show" for BET during the week.

"Being 42, being a standup comic, being a late-night party host, being a mommy, being an actress, being a wife -- you gotta be prepared, and I wanna be prepared."